



“Come...inherit the kingdom prepared for you...for I was hungry and you gave me food, I was thirsty and you gave me something to drink.” Matt 25:34-35

## **2021 Food Drive**

We will collaborate with Gonzaga Prep’s Annual Thanksgiving Food Drive.

**Food will be collected at all Masses  
during the Nov. 13/14 and Nov. 20/21 weekends.**

### **Non-perishable food items requested:**

peanut butter	canned meat/tuna	dried fruit
hearty soups and chili	beans	canned fruits and vegetables
pasta/rice	healthy cereals	flour/baking mixes
oatmeal	baby food	mac and cheese

### **Spokane County Hunger Facts**

Food insecurity in 2019 was 12.8%; it jumped to 15.5% in 2020.

Among children, it went from 17.8% to 22.5%.

*Food insecurity means more than being hungry.*

*It means not having regular access to a healthy diet.*

*Studies focused on children found food insecurity is associated with higher incidences of poor mental and physical health, as well as a range of behavioral problems.*

(Shawn Vestal, The Spokesman Review, Sept. 5, 2021)

*Food items can be placed on the steps in front of  
the music group or Mary’s Altar.*