

# The S.E.E.L. Spokane Retreat Application 2021

## The Spiritual Exercises of St. Ignatius Loyola in Everyday Life Application Deadline: Friday September 3, 2021

First and Last Name: \_\_\_\_\_

Email : \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Who did you learn about the SEEL Retreat from:

Have you worked with a spiritual director in the past **(please circle)**?    **yes**    **no**

What characteristics of a spiritual director might be helpful for you?

What are your current prayer practices? How would you describe your prayer?

Have you ever made an Ignatian retreat before? If so, briefly describe or list them.

Why do you want to make the SEEL Retreat? Why now?

Who is God to you?

Who are you to God?

What life circumstances may affect your commitment to the SEEL retreat?

Who will support you in your commitment?

Are you willing to dedicate, to the best of your ability, time for daily prayer (30 minutes-1 hours), weekly spiritual direction (1 hour), and monthly SEEL Retreat nights (90 minutes)? **Circle one:**      **Yes**              **No**              **Unsure**

Is there anything not covered in your responses above that may be helpful for your spiritual director to know about you, or in helping the Director of the SEEL Retreat program match you with a director?

**The SEEL Spokane On-Line Retreat 2021  
Financial Contract**

The Spiritual Exercises of St. Ignatius Loyola in Everyday Life.  
(S.E.E.L.)

Sponsored by

St. Aloysius Parish, Gonzaga Preparatory School,  
Gonzaga University, and The Della Strada Jesuit Community of Spokane

The SEEL Retreat is associated with the Jesuit West Province  
of the Society of Jesus

**SEEL Retreat Cost: \$400**

This amount covers some of the payment made to your spiritual director by SEEL Spokane as well as the cost of our SEEL Retreat nights.

If you are unable to pay the retreat cost due to financial constraint, please speak with the Director of SEEL Spokane.

I have paid/sent, \_\_\_\_\_ (amount)

I am able to pay \_\_\_\_\_ with the following arrangement:

Quarterly \_\_\_\_\_ Monthly \_\_\_\_\_ Other \_\_\_\_\_

Signed \_\_\_\_\_

Jennifer Doolittle  
Director of SEEL Spokane  
St. Aloysius Parish Center  
330 E Boone Ave, Spokane WA 99202-1710  
509-868-7870 [seelspokane@gmail.com](mailto:seelspokane@gmail.com)